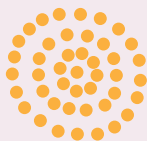




## Ngalla Wirrin Wungening

Our Spirit Healing – AOD program

Aboriginal-led healing for people affected  
by Alcohol & Other Drugs



Aboriginal Ways,

Authentic Connections,

Flexible Services.



# Here's how NWW supports you

## Healing Yarn


To hear and understand your story, firstly we sit together, yarn and listen. This is vital preparation before any counselling or group work.

## Individual Counselling

If your spirit feels winyarn (worried), a Ngalla Wirrin Wungening counsellor works with you. We build a plan to become moorditj (strong) together.

## Group Work

We offer a range of group healing programs to meet a variety of needs. Focusing on Aboriginal Ways, our group work extends to support family and friends too.



We embrace families, carers, and significant others. By including loved ones in the healing journey, it creates holistic solutions tailored to each client's specific needs.

## NWW Group Programs include:

### Solid Ground

As a group, we learn together by sharing stories and experiences. By yarnning to others going through similar AOD challenges, we develop new strategies for coping.

### Family Support Program

For families, friends, or kin with a loved one facing AOD challenges. Get support to manage your own wellbeing, while learning how to support the one you love.

### Wungening Moort on Boodja

A group program for community members and families to yarn and work together to support their community with AOD challenges.

### Djook Yarning

A support group just for women experiencing family domestic violence (FDV). Working with each other and sharing strength to build social and emotional wellbeing.

### Outreach Services

Specialist healing workers from Ngalla Wirrin Wungening also work directly in the community, connecting with people in need of our Aboriginal led, flexible services.

### Phone & Online Support

If visiting one of our 5 metro hubs is not possible, we're still available to offer timely, culturally safe support. To find out more, call today or visit our website.

If you're an allied AOD support service, referring your clients to Wungening could not be simpler. No appointment is necessary - walk-ins are welcome.

# Introducing our re-imagined AOD service.

*Culturally safe support for you and your family's healing journey.*

## Kaya, you're welcome to join us

For your first step towards healing, simply call us, or walk-in to any of our 5 hubs across Perth. There's no obligations and no judgements: we simply ask how we can help.

## Our journey starts together

Aboriginal ways are about building trust. When you're ready to yarn, we will listen to you and explore the most suitable support options for you and your family.

## It's Business Time; time for change

We call it Business Time because when clients truly commit to sustained healing, we too work very hard with them. By staying on track, the rewards are truly life-changing.

## Maintaining the good life

Our ongoing after-care helps maintain the many changes you've achieved. Even more, if you're keen to 'give back' and support others on their journey, we can structure that too.

ABORIGINAL WAYS

| AUTHENTIC CONNECTIONS

| FLEXIBLE SERVICES

**Get in touch** | Call 08 9221 1211 and ask to speak to a Healing Worker, or visit [www.wungening.com.au](http://www.wungening.com.au)

Wungening Aboriginal Corporation is an Aboriginal Community Controlled Organisation which provides culturally secure, confidential and free of charge services to people in the Perth Metropolitan area.



### **Our Vision**

Our vision is a healthy, safe, strong and sustainable Aboriginal community.

### **Our Purpose**

*Wungening Nalungh Kungyah*

To provide culturally secure and holistic programs and strategies that inform, educate and address the harmful effects of alcohol, drugs, and other substances on individuals, families and communities and strengthen the mind and body, and heal the spirit.

### **The Wungening Way**

Understanding of historical factors – impacting on Aboriginal healing, health and wellbeing – is key to healing spirit, mind and body. Family is central to Aboriginal culture and connectedness to family is key to healing processes. Wungening encourages and supports connectedness as central to healing for all clients.

- We are professional, qualified and trained
- We treat others how we like to be treated
- We think with compassion and sensitivity
- We listen to each other
- We act with integrity and the best intentions
- We value ourselves and our community.



**T: (08) 9221 1411 | E: [mail@wungening.com.au](mailto:mail@wungening.com.au)  
[www.wungening.com.au](http://www.wungening.com.au)**



## Ngalla Wirrin Wungening

### OUR LOCATIONS

#### East Perth

211 Royal Street,  
East Perth WA 6004

T: (08) 9221 1411 | F: (08) 9221 1585

#### Armadale

Unit 11, 49 William Street  
Armadale WA 6112

T: (08) 6558 1000

#### Rockingham

4/13 Mackinnon Street,  
Rockingham WA 6168

T: (08) 6558 1090

#### Midland

18 Helena Street,  
Midland 6056

T: (08) 6330 7070

#### Mirrabooka

1/14 Chesterfield Road,  
Mirrabooka WA 6061

T: (08) 6558 1041

### OPENING HOURS

Monday - Friday  
9:00am - 4:00pm

*Appointments are welcome outside of these hours please speak to a team member to arrange your appointment.*

**W: [www.wungening.com.au](http://www.wungening.com.au)**