



Dads in the Early Years®

Directory of Dads Services

Please note that the Department of Local Government and Communities can provide an extensive range of assistance in most of the categories listed.

Department of Local Government and Communities
Gordon Stephenson House
140 William St, Perth WA. 6000
General Enquiries 8am-5pm Mon-Fri: **6217 8700**
A/H: 1800 199 008 (free call STD) or Crisis Care **9223 1111**

Meerilinga © Dads in the Early Years® funded by the Department of Local Government and Communities

Disclaimer: The advice and information contained herein is provided in good faith as a service. However the accuracy of any statements made is not guaranteed and it is the responsibility of readers to make their own enquiries as to the accuracy, currency and appropriateness of any information or advice provided. Liability for any act or omission occurring in the reliance on this document or for any such loss, damage or injury occurring as a consequence of such act or omission is expressly disclaimed.

Reviewed and updated 11 May 2015

Table of Contents

Contents

Aboriginal Resources	3
Accommodation	7
Children’s Activities	16
Counselling	18
Cultural Resources	21
Disabilities	23
Domestic Violence	27
Education	29
Emergency / Crisis.....	31
Fathers / Men	33
Financial	37
Health.....	38
Legal Assistance	45
Parenting	46
Sexuality/Reproductive	56

Aboriginal Resources

Metro/National

Aboriginal Alcohol and Drug Service (AADS)

Youth support and education regarding alcohol and substances. Culturally appropriate group and individual assessments and referrals, youth activities, education activities, programs using intervention approach through sports and art.

211 Royal St, East Perth

9221 1411 Fax 9221 1585

www.aads.org.au

Aboriginal Grandparent Family Support

Provides support to Aboriginal and Torres Strait Islander grandparents caring for their grandchildren or great-grandchildren.

122 Aberdeen Street, Northbridge

92279032 or 1800 998 399 (free call STD)

<http://www.whfs.org.au/services/aboriginal/afss>

Aboriginal Legal Service of WA

Provides legal aid services to Aboriginal and Torres Strait Islander people.

7 Aberdeen St, East Perth (and 16 country offices)

9265 6666 or 1800 019 900 (free call STD) or a/h number 9265 6644

www.als.org.au

Aboriginal Parent Support Service

Designed to support Aboriginal families with young children (birth to five years of age) living in the North East metro area.

9377 4749

<http://www.meerilinga.org.au/children-parenting/aboriginal-parent-support-service>

Aboriginal Psychiatric Services

Provides information, education and referral with regards to psychiatric issues of aboriginal people.

Mount Claremont

9347 6868 8.45am – 5.00pm (Mon-Fri)

Best Start Program – Department for Communities

Our Best Start services are for Aboriginal families with children up to 5 years of age and build on the cultural strengths in families to help children grow up strong.

PO Box 786, Mount Lawley WA, 6929

6279 1200

www.community.wa.gov.au/DFC/Resources/Parenting/Best+Start+Program

Department for Aboriginal Affairs (DAA)

PO Box 3153, East Perth WA 6892

Street Address: Ground Floor, 151 Royal Street, East Perth WA 6004

9235 8000 or 1300 651 077 (local call cost only, excluding mobile and public phones)

www.daa.wa.gov.au

Ground Floor, South Node, DOLA Building, Midland

9374 8900 Fax 9274 1865

Derbarl Yerrigan Health Service– Central (East Perth)

156 Wittenoom St, East Perth

9421 3888

www.derbarlyerrigan.com.au

Derbarl Yerrigan Health Service – Maddington

Unit 1-3, 4 Binley Place, Maddington

9452 5333

Derbarl Yerrigan Health Service – Mirrabooka

Unit 14, 22 Chesterfield Rd, Mirrabooka

9344 0444

Marnum Pit Stop – Derbal Yerrigan Health Service

Aims to raise awareness amongst indigenous men of all ages about their own health and quality of life.

156 Wittenoom St, East Perth

9421 3888

www.derbarlyerrigan.com.au

Mensline

Free call service provides counselling, information and referral for indigenous men who want to talk about their family and relationship concerns, particularly family breakup. Has an extensive document library on fatherhood topics, issues and research.

1300 789 978 (local call cost only, excluding mobile and public phones)

03 8371 2800 (interstate number)

www.mensline.org.au

<http://www.mensline.org.au/Indigenous%20men.html> – links to Indigenous men on the website. This may be a bit more for professionals rather than men looking for information.

National Aboriginal Community Controlled Health Organisations (NACCHO)

The national authority in comprehensive Aboriginal primary health care...Painting you a picture of Aboriginal health in Aboriginal hands

02 6246 9300 Fax 02 6248 0744

www.naccho.org.au

elaine@naccho.org.au

Karnany Aboriginal Centre

Accommodation services to both Aboriginal and non-Aboriginal people

25 Spring Park Road , Midland

9274 7929

www.swanea.com

Ruah Community Services

Large directory of resources for Aboriginal families in W.A.

Services in housing and homelessness, mental health, domestic violence and women leaving prison

9485 3939

www.ruah.com.au

Yorgum Aboriginal Family Counselling Service

176 Wittenoom St, East Perth

9218 9477

www.yorgum.com.au

Regional

Department of Aboriginal Affairs (DAA) – Gascoyne/Murchison

2nd Floor, 45 Cathedral Ave, Geraldton

9920 9600 Fax 9964 5473

Department of Aboriginal Affairs (DAA) – Goldfields

Unit 8, Cnr Brookman and Cassidy St, Kalgoorlie

9093 9900 Fax 9021 5271

Department of Aboriginal Affairs (DAA) – Kimberley East

Lot 2250 Coolibah Drive, Kununurra

9166 5500 Fax 9168 2435

Department of Aboriginal Affairs (DAA) – Kimberley West

1 Short Street, PO Box 1538, Broome 6725

08 9192 2865 Fax 08 9192 2850

Department of Aboriginal Affairs (DAA) – Pilbara

Lot 2, 18 Tonkin St, South Hedland
9160 2200 Fax 9140 2588

Department of Aboriginal Affairs (DAA) – Southern

129 Aberdeen St, Albany
9845 7300 Fax 9842 3517

Derby Aboriginal Health Services

4 Stanley St, Derby
PO Box 1155, Derby WA 6728
08 9193 1090 Fax 08 9193 1903
info@dahs.orhg.au
www.derbyaboriginalhealthservices.org.au

Derbarl Yerrigan Health Service - Kalgoorlie

16-18 McDonald St, Kalgoorlie
08 9091 3199

Esperance Aboriginal Health Services

08 9071 6611
robert@eahc.org.au

Family Health Parenting- Kalgoorlie Parenting Information Centre

St Barbara's Square, Kalgoorlie
08 9021 6844 Fax 9021 5382 E-mail: kalpic@dcd.wa.au

Fitzroy Women's Shelter / Marninwarntikura Shelter

Accommodation services for victims of domestic violence. 24hr access, 7 days a week.

08 9191 5126
marninshelter@bigpond.com

Goldfields Drug Community Service Team

Goldfields Centrecare - Drug Counselling

7-9 Dugan St, Kalgoorlie WA 6430, PO Box 10500, Kalgoorlie WA 6433
08 9091 1833 Fax 08 9021 8673

Goldfields Parkvilla Aboriginal Hostel

Aboriginal Hostel Accommodation

10 Park Street, Kalgoorlie WA 6430

08 9091 2707 Fax 08 9091 2047

Yilgarn Local Drug Awareness Group

Drug Counselling

PO Box 103 Southern Cross WA 6426

9049 1101 Fax 08 9049 1196

Accommodation

Metro/National

Centrecare Support and Advocacy Service

456 Hay Street, Perth

3925 6644

<http://www.centrecare.com.au/counselling-support/metropolitan-services-metro/accommodation-and-support-metro/accommodation-and-support-services-prog/>

Crisis Care

24 hour telephone assistance for people in crisis and needing urgent help.

9223 1111

1800 199 008 (free call STD)

9325 1232 (Teletypewriter TTY service for hearing and speech impaired callers)

www.community.wa.gov.au

Goldfields Women's Refuge

Crisis accommodation for women and families.

29 Dugan St, Kalgoorlie WA 6430

9021 2836

Homeless Advisory Service

This service assists homeless people to link with crisis accommodation services.

www.dhw.wa.gov.au/housingoptions/homelessadvisoryservice/Pages/default.aspx

1800 065 892 (Free call) - 8 am to 5 pm

Homes West

Provides public and community housing, Key Start home loans and property sales.

Private Bag 22 E. Perth W.A. 6004
(08) 9222 4666 Fax (08) 9221 1388
www.housing.wa.gov.au

Opening Doors

Department of Housing, providing affordable home ownership in WA.

www.openingdoorswa.com.au
1300 761 885

Salvation Army

333 William Street, Northbridge, WA, 6003
(08) 9260 9500 Fax (08) 9227 7134
www.salvationarmy.org.au/en/Find-Us/Western-Australia/

St Vincent De Paul Society

Provides material aid, food, clothing, furniture and assistance with certain bills (phone, gas, water and electricity only)

76 Abernethy Road, Belmont
9475 5400 or 1300 794 054 Fax 9475 5499
www.vinnies.org.au

Swan Emergency Accommodation Inc

Runs an alcohol and drug education program. The program addresses substance use issues in a safe environment for various population groups through diverse programs. The organisation provides a youth service, the Karany Aboriginal service, the Transea family service and the drug education program.

P.O.Box1276 Midland W.A. 6936
(08) 9250 1818 Fax (9)08) 9250 8342
E mail seadep@swanea.com
www.swanea.com

Uniting Care- Family Foundation Service

A drop in service providing homeless families a chance to get back on their feet. It provides a bit of routine, stability and positive atmosphere.

Operating hours Mon. – Fri. 4 p.m. to 8 p.m.
(08) 9220 1288
6 / 5 Aberdeen Street East Perth WA 6004

Regional

Australian Red Cross Esperance Carer Respite Centre

Carers' respite

Lotteries House Forrest St, Esperance WA 6450

PO Box 981, Esperance WA 6450

08 9071 5148 Fax 08 9071 5164

<http://mentalhealthwa.com/Australian-Red-Cross-Esperance-Carer-Respite-Centre.html#tabs-3>

Australian Red Cross Goldfields Carers Respite Centre

Carers' respite

39 Dugan St, Kalgoorlie WA

PO Box 10118, Kalgoorlie WA 6433

08 9091 8570 Fax 08 9091 8571

<http://mentalhealthwa.com/Australian-Red-Cross-Goldfields-Carers>

Esperance Crisis Accommodation Service

Crisis accommodation

Lotteries House, James St Esperance WA 6450

08 9071 4395 Fax 08 9071 7193

<https://plus.google.com/104376088860568239234/about?gl=au&hl=en>

Eastern Goldfield Community Centre

Senior Citizens Centre

13 Roberts St, Kalgoorlie WA 6430

08 9021 9800 Fax 08 9021 7157

<http://www.ckb.wa.gov.au/Your-Council,-Your-City/City-and-community/Facilities-and-services/Eastern-Goldfields-Community-Centre.aspx#Facilities>

Hay-Health Agencies of the Yilgarn Inc

Aged Care and Hostel Accommodation

PO Box 122, Southern Cross WA 6426

08 9049 1182 Fax 08 9049 1753

<http://mentalhealthwa.com/HAY---Health-Agencies-of-the-Yilgarn-Inc.html>

Kalgoorlie-Boulder Youth Accommodation Service

KBYAS offers a 24-hour service to young people aged 15-24 years and their families

Corner Ivanhoe and Milen Streets, Boulder WA 6432

PO Box 2401, Boulder WA 2401

08 9091 1016 Fax 08 9091 5256

<http://www.salvationarmy.org.au/en/Find-Us/Western-Australia/Our-Services/Crossroads-west/Kalgoorlie-Boulder-Youth-Accommodation-Service/#sthash.W0mlslvX>

Salvation Army

Emergency Accommodation

Capt. David & Joan Buckle
Cnr of Hopetoun & Oberthur Sts, Kalgoorlie WA 6432
08 9021 2255 Fax 08 9021 2402

WA Homeless Services Crisis Services- Albany Emergency Accommodation

08 9841 1068

Alcohol and Drugs

Metro/National

Alcohol & Drug Information Service

Provides information, counselling, referrals and advice to anyone about their own or another's alcohol and drug use.

9442 5000
1800 198 024 (free call STD)
www.dao.health.wa.gov.au

DAWN

Drug Alcohol and Withdrawal Network is a free and confidential service for people who want to reduce or cease substance use in their home environment.

9382 6049
dawn@sjog.org.au

Holyoake

Holyoake is a leading Drug and Alcohol rehabilitation and counselling service.

Offers a wide range of services and programs to support alcohol and drug users as well as those affected by another's addiction. Offices are in two metropolitan locations – Victoria Park and Midland, and three country - Northam, Narrogin and Merredin.

75 Canning Highway Victoria Park
9416 4444
www.holyoake.org.au

Parent Drug Information Service

A confidential, 24 hour telephone information, referral, counselling and consultancy service on all issues associated with alcohol and drug use and parenting.

9442 5050
Country toll-free: 1800 653 203
<http://www.dao.health.wa.gov.au/Gettinghelp/Helpforparentsandfamilies/parentdruginformationservice.aspx>

Uniting Care West

A practical 12 week in-home counselling program for parents who have a drug or alcohol problem.

Operating hours Mon. to Fri. 9 am to 5pm

1300 663 298

16 Sunbury Road, Victoria Park W.A. 6100

<http://www.unitingcarewest.org.au/services/strengthening-families/attach-parenting-drug-and-alcohol-service/>

WA Network of Alcohol and Other Drug Agencies (WANADA)

Peak body for alcohol and other drug education, prevention, treatment and support sector in Western Australia.

25 Gladstone St, Perth

(08)6365 6365

www.wanada.org.au

WA Substance User's Association Inc

.A community based organisation that advocates the interests of people who use illicit substances.

519 Murray St, Perth WA 6000

9321 2877 Fax 9321 4377

www.wasua.com.au

Country

Alcoholics Anonymous- Goldfields

Support for Alcoholics and Families

PO Box 349, Kalgoorlie WA 6433

9021 2734

<http://www.aa.org.au/findameeting/browse-meetings.php>

Goldfields Community Drug Service Team Kalgoorlie

28 McDonald Street, Kalgoorlie WA 6433

9021 3069, Toll-free No. 1300,664,137

www.drugarmwa.org.au

Goldfields Community Drug Service Team Esperance

6/98 Dumpster St.

Esperance WA

9071 5169, Toll-free No. 1300,664,137

www.drugarmwa.org.au

Holyoake

Offices in Northam, Narrogin and Merredin.

See entry in Metropolitan listings above

Child Care

Metro/National

CareforKids

An online search facility for child care centres, before and after school care, family day care, baby sitters, nannies, vacation care etc. Also locates services in your area.

www.careforkids.com.au/

Child Australia Inc.

5 Carson Road, Malaga WA 6090

PO Box 2562, Malaga WA 6944

9249 4333 Fax 9249 4366 Email: ipspwa@childaustralia.org.au

www.childaustralia.org.au/Contact-Us/Professional-Support-Coordinator.aspx

Child Care Access Hotline

8am to 6pm Western Standard Time

1800 670 305 (free call 8 am to 6 pm WST)-

charges apply on calls from public pay phones or mobile phones

- TTY users: phone **133 677** then ask for **1800 670 305**
- Speak and Listen users: phone **1300 555 727** then ask for **1800 670 305**
- Internet relay users: connect to the [National Relay Service \(NRS\)](#)
- **Interpreter Service**

www.australia.gov.au/service/child-care-access-hotline

Family Day Care Schemes of WA

It is an approved service provider comprising of a co-ordination unit staffed by qualified and experienced child care professionals and a network of registered educators who provide an education and care service from their own home for children aged from birth to 13 years.

www.familydaycarewa.com.au/parents/

My Child

Provides information to families about Australian Government Early Learning and care initiatives and other issues that affect children.

www.mychild.gov.au

Australian Children's Education Care Quality Authority

ACECQA guides the implementation of the National Quality Framework for Early Childhood Education and Care nationally and ensures consistency in delivery.

1300 422 327

PO Box A292

Sydney, NSW 1235

www.acecqa.gov.au

Wanslea Family Service

A leading provider of services to children and families in WA, including family day care.

Scarborough: 110 Scarborough Beach Road, Scarborough WA 6019

9245 2441 Tel: Fax: 9245 2481

www.wanslea.asn.au

Country

Wanslea Goldfields Family Day Care Scheme

9091 3220

please mention **the eChildcare website** when you contact this service

www.echildcare.com.au/kalgoorlie-wanslea-family/

Sandalwood Family Centre - Goldfields

Sandalwood Family Centre

Corner of Rhodes & Connolly Sts

Kalgoorlie WA 6430

08 9021 7599

Child Protection

Metro/National

Commissioner for Children and Young People

The Commissioner is the independent person who works closely with children and young people, their families, community and government make WA a better place for children and young people.

1 Alvan St, Subiaco WA, 6008

6213 2297 or **1800 072 444** (free call STD) fax 6213 2220

www.ccp.wa.gov.au

Crisis Care Unit (24 Hours)

24 hr. crisis support (violence, child protection, suicide, etc.)

Phone 9223 1111 or 1800 199 008

Crisis Care Unit - Family and Children's Services (24 Hours)

A telephone information and counselling service for people in crisis needing urgent help.

It operates 24 hours, 7 days a week

9223 1111 or **1800 199 008** (free call STD)

<http://www.dcp.wa.gov.au/crisisandemergency/pages/crisiscare.aspx>

Department for Child Protection – Central

189 Royal St, East Perth (Also will redirect to Country Offices)

9222 2555 or **1800 622 258** (free call STD)

Crisis Care

For concerns after hours, please contact Crisis Care:

Telephone: (08) 9223 1111

Country free call: 1800 199 008

www.dcp.wa.gov.au/Organisation/contactUs/Pages/ContactUs.aspx

Mofflyn

Intensive Family Support programs aim to reduce the risk of abuse to children and prevent the need for out-of-home placement. A Uniting Church Care service.

Provides intensive in-home support to families whose children are at risk of being removed or where children, having been removed, are in the process of reunification with their family.

.32 Burton St, Cannington

9458 5333

www.unitingcarewest.org.au/

National Association for Prevention of Child Abuse and Neglect (NAPCAN)

Also see entries in **Emergency / Crisis** section.

9272 9993

www.napcan.org.au

Country

Department for Child Protection - Albany

25 Duke St, Albany

08 9841 0777

Department for Child Protection - Broome

19 Coghlan Street

Broome WA 6725

08 9192 1317

Department for Child Protection - Bunbury

80 Spencer Street
Bunbury WA 6230
08 9722 5000

Department for Child Protection - Busselton

Unit 7, 8-10 Prince St, Busselton
08 9752 3666

Department for Child Protection - Geraldton

45 Cathedral Ave, Geraldton.
08 99659500

Department for Child Protection- Kalgoorlie

Cnr Boulder Road and Cheetham Street
Kalgoorlie WA 6430
08 9022 0700

Child Safety

Metro/National

Children's Hospital of Westmead, Sydney

Website of Children's Hospital of Westmead, Sydney. Contains a series of fact sheets for parents and carers, focusing on child health and safety.

www.chw.edu.au/parents/factsheets

Kidsafe WA

A non-government, not-for-profit charitable organisation dedicated to preventing unintentional childhood injuries and reducing the resulting deaths and disabilities associated with childhood 'accidents' in children under the age of 15 years. Also sell a range of child safety products.

Godfrey Margaret Hospital
Thomas Street
(near Roberts Rd corner)
Subiaco WA 6008 www.kidsafewa.com.au
9340 8509

Net Alert

Practical advice on Internet safety, parental control and filters for the protection of children, students and families.

1800 880 176 (free call STD)

www.netalert.net.au

Smart Steps

Smart steps is an initiative of School Drug Education and Road Aware It is a parent and carer education program.. It provides free resources such as pamphlets, posters, a DVD and stickers to highlight safer road user practices.

151 Royal St, East Perth

92644111www.sdera.wa.edu.au

www.det.wa.edu.au/sdera/detcms/navigation/road-safety/small-steps/

Stay Smart Online

The Australian Government's cyber security website provides information on the simple steps users can take to protect their personal and financial information online. It also provides tips, resources and information to ensure a fun, safe and secure time on the internet for kids.

www.staysmartonline.gov.au/about

Children's Activities

Metro/National

KidzaBuzz

W.A. based company offering a booklet with discount vouchers for family activities, photography, clothing etc.

www.kidzabuzz.com.au

0407 385 075

0418 939 205

Local Government

Websites of local governments often have a list of playgroups in their region.

Play and Play Things

Comprehensive range of pamphlets produced by the Play and Learning Program at the State Development Centre.

http://www.pmh.health.wa.gov.au/health/infant_care/play.htm

Playgroup WA

The peak body for playgroups in WA with over 500 member playgroups. Supports families with young children to have fun and learn together through play.

1-3 Woodville Lane, North Perth
(08) 9228 8088 or Free call 1800 171 882 (WA callers only)
www.playgroupaustralia.com.au

Buggybuddys

Buggybuddys has playgroups in Perth to suit all Perth mums, dads and families. Join a [mothers group](#) in Perth [FIFO Families Perth](#), [playgroup for older mums](#), [playgroup for young mums](#), [playgroup for twins](#), [playgroup for pregnant mums](#).

www.buggybuddys.com.au/groups.html

Meerilinga Play Dads and Kids Playgroup

Meets Monday afternoons at Woodvale Family Centre. An opportunity for fathers able to be with their young children during the day to have fun together with other fathers and children.

30 Chichester Drive, Woodvale 6026
9309 2377
dads@meerlinga.org.au

Local governments can also provide information about local playgroups, toy libraries, and book libraries which offer activities for children. See the 'Local Government' page of the White Pages telephone book (Business and Government).

Country

Kalgoorlie tourist Centre

www.kalgoorlietourism.com/parents%26kids

Eastern Goldfields YMCA

08 9021 1035
www.kalgoorlie.ymca.org.au/Pages/default.aspx

Goldfields Regional Toy Library

0439 983 863
www.toylibrary.asn.au/toy_libraries_country/goldfields_regional_toy_library.htm

Learning Centre Link – Bridgetown Family and Community Centre

Corner Steer and Roe St, Bridgetown

36 Steere St Bridgetown WA

Phone: 08 9761 2139

www.linkwest.asn.au/

Milligan Community Learning and Resource Centre

A community centre where adults and learn and interact. Meet new friends, learn new skills, and discover new interests. Milligan offers a variety of services for men, women and children.

35 Milligan St, Bunbury WA

9721 8944

www.milligan.org.au

Counselling

Metro/National

Abortion Grief Australia

A not for profit organization providing specialized care and advocacy for those experiencing abortion grief and pregnancy crisis.

Helpline – Abortion Grief & Pregnancy Crisis -1300 363 550

9313 1784

www.abortiongrief.asn.au/men-and-abortion.php

Separated Dads WA Separated Dads WA provides support to fathers and their children after separation or bereavement.

Unit 44a, 7 Aberdeen Street, East Perth WA 6004

9261 4451

13 11 14 service operates 24-hours a day 7 days a week

<http://www.lifelinewa.org.au/separateddads/>

Family Helpline

The Family Helpline is a confidential telephone counselling and information service for 24 hours, 7 days a week.

9223 1100 or 1800 643 000 (free call STD)

9325 1232 (Teletypewriter TTY service for hearing and speech impaired callers)

Family helpline can be accessed through the translating and interpreting service on 13 40 50

www.dcp.wa.gov.au/crisisandemergency/pages/familyandparentinghelplines.aspx

Family Relationship Centres

Help families strengthen relationships and deal with relationship difficulties. Where families separate, the Centres provide information, advice and dispute resolution (such as mediation) to help them reach agreement on parenting arrangements without going to court. Advice line available 8am to 8pm Mon-Fri and 10am to 4pm on Saturday. Call **1300 364 277** for the cost of a local call, to be connected to your nearest Relationships Australia in your area

<http://www.familyrelationships.gov.au/services/frc/pages/default.aspx>

www.familyrelationships.gov.au

Kids Helpline

A free, confidential, telephone counselling service for 5 to 25 year olds in Australia.

1800 551 800 (free call STD)

www.kidshelp.com.au

Anglicare –W.A.

For individuals and couples on issues related to relationships, parenting, domestic violence, separation, depression etc. Also see *MensTime*.

www.anglicarewa.org.au/relationships/default.aspx

23 Adelaide Terrace, East Perth
9263 2050

www.anglicarewa.com.au/

Lifeline WA

Qualified, experienced, mature-age male and female counsellors with a range of professional backgrounds and specialities, available by appointment including evenings and Saturday mornings. Also see entry in this list for Separated Dads WA in the 'Fathers/Men' section.'

Lifeline's telephone counselling number is 13 11 14

Problem Gambling Helpline

For counselling, information, and referral services.

1800 858 858 Telephone support 24/7

www.gamblinghelponline.org.au/

Reachout.com

ReachOut.com is Australia's leading online youth mental health service, where you can get the help you need, where and when you need it.

www.reachout.com.au

Regional Counselling and Mentoring Service – Albany

Provides crisis and support services for individuals and couples

9842 9699

Centacare Family Services – Geraldton

9921 1433

centacaregeraldton.org.au

<http://centacaregeraldton.org.au/counselling/>

SIDS and Kids WA

Provides loss and grief support to families and others impacted by the death of a child from conception onwards

33 Sixth Ave, Kensington WA

9474 3544

Country Callers: [1800 199 466](tel:1800199466)

www.sidsandkidswa.org/

Vietnam Veterans Counselling Service

7 Kintail Road

Applecross WA 6153

Tel: (08) 6461 7800

(1800) 011 046 (24 hours)

<http://www.vvaa.org.au/vvcs.htm>

Country

ESCare Family Support Services

Escare Inc. is a not-for-profit community organisation that delivers practical assistance through services that are relevant to the people of Esperance WA. Offers assistance to families and individuals who need financial counselling, information and referral, advocacy, child care services and youth services.

Esperance Lotteries House

Forrest St,

Esperance WA 6450

PH: (08) 9071 7192

Goldfields Family Counselling Services

Counselling Services

61 Johnston St

South Kalgoorlie WA 6430

(WA 6430

08 9022 2385

Kinway - Broome

642, Cable Beach Road, Broome WA 6725
08 9192 3177

Anglicare – Karratha

Address: Court House Welcome Road, Karratha WA 6714
Phone: 9183 0511

Kinway - Kununurra

2b Banksia St, Kununurra WA 6743
08 9166 5000

Cultural Resources

Metro/National

African Community of Western Australia

The African Community in Western Australia provides settlement support, advocacy, community information and education for new African migrants and assists in mediation and conflict resolution. The community also organises social and cultural activities.

11 Coleford Gate, Butler WA 6036.
Mobile: 0432 094 586

Association for Services to Torture and Trauma Survivors (ASeTTS)

A not-for-profit, non-government organisation which provides treatment and support to people who have been tortured or traumatised by violent conflicts. Services are free, confidential, and culturally inclusive and are designed for children as well as adults.

Association for Services to Torture and Trauma Survivors Inc
286 Beaufort Street, Perth, Western Australia
(8) 9227 2700 Monday-Friday 9 am-4.30 pm.
www.asetts.org.au

Catholic Migrant Centre

The Catholic Migrant Centre provides a range of services supporting humanitarian refugees and migrants to settle in Western Australia. Whilst providing life skills and six months intensive intervention, support is also available for up to five years.

25 Victoria Square, Perth
9221 1727
www.centrecare.com.au

Coalition for Asylum Seekers Refugees and Detainees

CARAD is an independent not-for-profit organisation working with people who have fled war, torture and oppression in search of safety and security in Australia.

Trinity Refugee Centre
245 Stirling St
Perth
9227 7322
www.carad.org.au

Ethnic Communities Council of WA

ECCWA is a non-government, non-profit community based organisation, which takes an active interest in all aspects of multiculturalism and ethnic affairs and acts on behalf of all ethnic communities in Western Australia.

20 View Street, N.Perth
9227 5322

<http://www.eccwa.org.au/>

Goldfields Migrant Women's Support Group

41 Balfour St. Kalgoorlie
9022 0700.html
mentalhealthwa.com/Goldfields-Migrant-Womens-Support-Group.html

Metropolitan Migrant Resource Centre

The MMRC seeks to build the capacity and promote the wellbeing of migrants, refugees and humanitarian entrants and their communities in the Perth metropolitan area. Interpreters are provided when required.

Unit 1, 14 Chesterfield Road, Mirrabooka
9345 5755
www.mmrcwa.org.au

Multicultural Services Centre of WA

Multicultural Service Centre of W.A. is a community services organisation established to meet the settlement, welfare, education and training, cultural and related needs of culturally and linguistically diverse Western Australians

20 View St, North Perth
9328 2699

www.mscwa.com.au

Office of Multicultural Interests

140 William Street, Perth WA

6551 8700

www.omi.wa.gov.au

South Metropolitan Migrant Resource Centre

241-243 High Street, Fremantle 6160

9335 9588

The Case for Advocacy Support and Education for Refugees

'CASE is a not for profit community legal centre that provides free legal advice, representation and advocacy to refugees, humanitarian visa holders and people from culturally and linguistically diverse backgrounds who live in Western Australia.

16 b Sunbury Street, Victoria Park WA

9227 7311

www.caseforrefugees.org.au

Translating and Interpreting Services

131 450

www.tisnational.gov.au/Help-using-TIS-National-services/Contact-TIS-National

Disabilities

Metro/National

Activ

Offers short and long term accommodation, home base respite, day and residential respite for pre-school children, holiday and leisure programs, community access programs, employment opportunities, transport and a library to provide information and resources for parents, carers and therapists.

327 Cambridge Street, Wembley , 6014

9387 0555

www.activ.asn.au

Autism Association of Western Australia Inc.

Provide information, intervention and a range of services to meet the needs of people with an autism spectrum disorder and other disabilities and their families.

37 Hay Street, Subiaco WA 6008.

9489 8900

Australian Disability Clearing House on Education and Training (ADCET)

ADCET provides up to date web based information and recourses for inclusive education (learning and assessment)accommodation and support services, education and training for people with disabilities. Includes access to news and events, disability help and tips.

www.adcet.edu.au

Catholic Education Office of WA

50 Ruislip St, Leederville 6007

6380 5200

internet.ceo.wa.edu.au

Carers WA

WA peak body for family members and friends caring for someone with an illness, disability, is frail aged, or who has a mental or chronic illness. Our service include the provision of information and resources, providing carer support through counselling, education and training social support and carer advocacy and representation.

) 1300 227 377

www.carerswa.asn.au

Child Australia (formally RUCSN)

A community based organisation that aims to increase equity of access and participation in community services for children with additional needs and their families. Provide advocacy and support for children and their families, training, early childhood projects, helpline for child care centres and resource/library.

5 Carson Road, Malaga WA 6090

9249 4333

www.childaustralia.org.au

Children of Parents with a Mental Illness (COPMI)

COPMI is a national project promoting better outcomes for children with a parent with a mental illness. The website provides information for health professionals, social workers, neighbours, teacher and coaches, and contains downloadable booklets for family and friends.

www.copmi.net.au

Disability First Stop

Assists people with disabilities and their families by providing information, access to web based information, supported referral to relevant agencies, assistance with individual planning, professional advocacy support, linking to other families and counselling

9386 6477

Oasis Lotteries House Unit 2, 37 Hampden Rd. Nedlands

www.mentalhealthwa.com/Disability-First-Stop-at-People-with-Disabilities-WA-Inc.html#tabs-3

Disability Services Commission

146-160 Colin Street, West Perth

9426 9200 or 1800 998 214 (free call STD)

9426 9315 (Teletypewriter TTY service for hearing and speech impaired callers)

www.dsc.wa.gov.au

Emmanuel Self Help Centre

25 Windsor St, Perth

9328 8113

www.nican.com.au/service/emmanuel-self-help-centre-people-disabilities

Ethnic Disability Advocacy Centre

To promote and safeguard the rights of ethnic people with disabilities and their carers

320 Rokeby Road, Subiaco WA, 6008

9388 7455 or **1800 659 921** (Free call STD)

www.edac.org.au/index.php/en/contact

Friends of Autism

9401 6555

www.friendsofautism.org.au

Kalparrin

Kalparrin helps the families of children with disabilities and special needs by providing practical information and support, and connecting them with the services that they need.

Princess Margaret Hospital

Level 4, Hay St Building, Hay St, Subiaco

9340 8094 or **1800 066 413** (Free call STD)

www.kalparrin.org.au/

Kids are Kids! Therapy & Education Centre Inc

Provides intervention services for children at all levels of developmental disability or delay.

26 Parry Avenue, Bateman WA 6150

PO Box 1096, Booragoon WA 6954

9313 6566

www.kidsarekids.org.au

My Time

MyTime groups provide local support for mums, dads, grandparents and anyone caring for a young child under school age with a disability or chronic medical condition.

1800 889 997 (free call STD)

www.mytime.net.au

National Disability Services (formerly ACROD) WA Division

See their website for links to an extensive range of disability-related organisations.

Unit 1, 59 Walters Drive Osborne Park WA 6017

9242 5544

www.nds.org.au

Nulsen Disability Services

6253 4700

28 Burton Street, Cannington WA 6107

www.nulsen.com.au

People 1st Program

Supports people with an intellectual disability in human relations, self esteem and sexuality. Offers one to one education, 'safety rules' workshops, school programs, the 'Meeting place' 30 plus Friendship Club, youth week, counselling, parent consultations, service provider consultation, professional development and community education.

70 Roe St, Northbridge WA 6003

9227 6414

www.people1stprogramme.com.au

Rocky Bay School Age Therapy Services (SATS)

60 McCabe Street, Mosman Park WA 6012

9383 5111

V

www.disabilitydirectory.net.au/listing/rocky-bay-inc/

Sensory Connection Occupational Therapy Services

S.C.O.T.S. is a private occupational therapy practice specialising in providing intervention programs for children with Autistic spectrum disorders dyspraxia, and other neurodevelopment disorders.

3 Pearson Place, Floreat 6014

9387 8538 or **0424 288 779** Fax 08 9387 8538

Email administration@sensoryconnections.com.au or kwalmsley@sensoryconnections.com.au (clinical enquiries)

www.sensoryconnections.com.au

Therapy Focus

5/1140 Albany Hwy. Bentley 6102

9478 9500

www.therapyfocus.org.au

Asthma Foundation

Asthma Support

9289 3600

36 Ord Street, West Perth.

www.asthmawa.org.au

Cancer Council of WA

Cancer Support Group

13 11 20

9212 4333

www.cancerwa.asn.au

Esperance Arthritis Foundation

Arthritis Support and information

29 Treasure Rd, Esperance WA 6450

08 9071 1338

www.mentalhealthwa.com/Esperance-Arthritis-Foundation

Esperance Diabetes Branch

Diabetes Information

PO Box 774, Esperance WA 6450

9071 1590

www.mentalhealthwa.com/Esperance-Diabetes

Goldfields Cancer support Group

Cancer Support Group

Women's Health Centre

15 Dugan St, Kalgoorlie WA 6430

9021 8266

Domestic Violence

Metro/National

Alternatives to Violence Project

Runs a series of workshops which seek to assist individuals in personal growth and change.

9371 5407 .avpwa.org.au

Breathing Space

A crisis response residential service operated by Communicare that allows men who use violence in the family to enter into a holistic program, which within their own particular problems may be addressed and worked through in a secure and contained therapeutic setting.

9439 5707 Fax 9439 4437

breathingspace@communicare.org.au

9439 5707

www.communicare.org.au

Child Abuse Prevention Service

The Child Abuse Prevention Service is a not-for-profit service organisation providing a national 24 hour crisis telephone service for counselling and support for child abuse incidents.

1800 688 009

www.childabuseprevention.com.au

Mates Men's Support Group – Busselton

Provides information on relationships, parenting, health, inspiration and stress and anger management and other matters concerning men.

149 Bussel Highway, Busselton

08 9752 3217 or **0439 939 446** Email Easymates2004@yahoo.com

Men's Domestic Violence Helpline

24 hour telephone assistance on all aspects of domestic violence This service offers counselling, crisis response and referrals to the Cenrecare service for men who are concerned about effects of their behaviour on the people they love. Work and spend time with.

9223 1199 or **1800 000 599** (free call STD)

9325 6644

Joondalup 9300 7300

Midland 9436 0600 , Mirrabooka 9440 0400

www.freedomfromfear.wa.gov.au

www.wa.gov.au/information-about/community-safety/domestic-violence

Relationships Australia - Men's Programs

Extensive range of courses for men/dads, plus counselling and mediation services in several metropolitan and country locations

22 Southport Street (formerly 15 Cambridge Street)

Cnr Southport & Cambridge Streets

9489 6300

www.relationships.com.au

Country

Men's Domestic Violence Helpline

See description under above heading in the Metro section.

More information could be obtained from :

Bunbury – 9721 5177

Esperance – 9083 2600

Kalgoorlie- 9080 0333

Education

Metro/National

Association of Independent Schools of WA (AISWA)

AISWA was established in 1962 as a not-for-profit organisation to support, represent and promote the interests of Independent Schools.

Suit 3

41 Walters Drive, Osborne Park

9441 1600

www.ais.wa.edu.au

Centacare Employment & Training

A range of services are provided through out seven metropolitan locations including Skills fo Eduction and Employment, and Access Apprenticeships

Level 3, 641-643 Wellington Street

Perth WA 6000

9482 7000

www.centrecare.com.au

Centacare Family Services

Offers relationship and community services to individual, couples and families . Services have expanded from Geraldton to Exmouth, Carnarvon, Yalgoo, Mt Magnet and other towns in the region.

9921 1433

centacaregeraldton.org.au/locations/geraldton/

Home Interaction Program for Parents and Youngsters

HIPPY is a two-year home based parenting and early childhood enrichment program targeting families with young children. Families start HIPPY when their child is in the year before school (usually around 4 years old) and continue into the second year of HIPPY during their first year of formal schooling.

HIPPY site contacts in WA are in Armadale, East Geraldton, East Kimberley, Girrawheen, Gosnells and Rockingham.

www.hippyaustralia.org.au/site_contacts.html

Meerilinga Early Learning Programs

Recognised as a leader in Early Childhood, Meerilinga Early Learning Programs for 3 and 4 year old children are run by qualified early childhood staff and is based on social learning in early childhood education that builds on the strengths, competencies and curiosities of each child and has a strong focus on play, cooperation and collaboration amongst adults and children.

Programs currently available in Woodvale, Beechboro, Cockburn and Kingsley

Central Office
22 Southport Street, West. Leederville
9489 4022

Meerilinga Children and Family Centre Cockburn

219 Winterfold Road, Coolbellup WA 6163
9331 2211
cockburn@meerilinga.org.au

Meerilinga Children and Family Centre Kingsley

48 Peregrine Drive, Kingsley WA 6026
9309 4174
kingsley@meerilinga.org.au

Meerilinga Children and Family Centre Woodvale

30 Chichester Drive, Woodvale WA 6026
9309 3462
woodvale@meerilinga.org.au

Meerilinga Children and Family Centre Beechboro

106 Amazon Drive, Beechboro WA 6063
9377 4749
beechboro@meerilinga.org.au

www.meerilinga.org.au

Emergency / Crisis

Metro/National

Dads in distress Support Services

DIDSS offers peer support aimed to provide help for separated dads and their families experiencing trauma associated with family breakdown and divorce. The group engages fathers as early as possible in the post separation process leading to more effective help seeking behaviour and a reduction in risk of social and parenting isolation.

1300 853 437

Sudbury House , 30 Chesterfield Road, Mirrabooka

www.dadsindistress.asn.au

Emergency – Police, Ambulance, Fire

000

106 (Teletypewriter TTY service for hearing and speech impaired callers)

www.police.wa.gov.au/Services/Services.asp?Howtoreportacrime

Police – Important, but NOT emergency

131 444

9374 4399 (Teletypewriter TTY service for hearing and speech impaired callers)

www.police.wa.gov.au

Beyond Blue

A website offering advice and information on depression.

1300 224 636

www.beyondblue.org.au

Crisis Care Unit (24 Hours)

For suicide counselling, domestic violence and child abuse services.

9223 1111 or **1800 199 008** (free call STD)

www.health.wa.gov.au/services/category.cfm?Topic_ID=1

Health Direct

A 24 hour health call centre. Advice is provided by a registered nurse on which health Service can help, on the level of urgency, and what people should do until they receive face-to-face medical attention.

1800 022 222 (free call STD)

1800 555 677 (Teletypewriter TTY service for hearing and speech impaired callers)

131 450 (If interpreter is required)

000 emergencies

<http://www.healthdirect.gov.au/>

Mental Health Emergency Response Line (Metro)

Rapid response to mental health emergencies is provided across the metropolitan area, from Two Rocks in the north to Peel and Waroona in the south.

1300 555 788

Emergency Response Line (Rural WA)

1800 676 822

www.mentalhealth.wa.gov.au/getting_help/Emergency_help/emergency_mherl.aspx

Mind Health Connect

Need to talk to someone right now? The following services are confidential and available 24 hours, seven days a week.

1300 78 99 78 MensLine Australia (for men of all ages)

1800 551 800 Kids Helpline (for ages 5-25 years)

www.mindhealthconnect.org.au/need-help-now

Poisons Information Centre

24hr advice on all exposures to poisons, medicines, plants, bites, and stings.

Information Centre

G block, ground floor, Sir Charles Gardiner Hospital

Monash Ave, Nedlands

13 1126

www.scgh.health.wa.gov.au/departments/wapic/index.html

www.scgh.health.wa.gov.au/OurServices/WAPIC/

Kids Help Line

Free and confidential telephone counselling service for 5 to 25 year olds.

1800 55 1800

www.kidshelp.com.au/

Lifeline

A 24 hour counselling service for people who feel suicidal. Lifeline has other programs which promote mental health, wellbeing, and help-seeking behaviours.

131 114

Princess Margaret Hospital for Children

Roberts Road, Subiaco

9340 8222

www.cahs.health.wa.gov.au

The Samaritans

Provide emergency emotional support to anyone feeling despairing or suicidal. There are specific youth and multicultural services available as well as a support group for friends and family. Service available 24 hours/day.

1800 198 313 (free call STD)

www.thesamaritans.org.au

Translating and Interpreting Service

13 14 50

www.tisnational.gov.au/Help-using-TIS-National-services/Contact-TIS-National

Fathers / Men

Metro/National

Boys Forward

Boys Forward Institute is an answer to understanding boys, helping them and enriching their lives. Founder Ian Lillico is a former local school principal and now an education consultant. He facilitates seminars and writes books. See website's resource section.

0417 966 054

www.boysforward.com.au

Centrecare - Men in Family Relationship Program

Provides men with skills to help improve and develop better relations with partners, mates, work colleagues and children.

Provides counselling and support to men and significant others in their lives

Perth - 9325 6644

Joondalup – 9300 7300

Mirrabeeka – 9440 0400

Midland – 9436 0600

www.centrecare.com.au/services/metropolitan-services-metro/general-counselling/men-in-family-relationships/

Separated Dads WA

Assists fathers and their children after separation or bereavement via counselling, support; family law and child support information and assistance (not legal advice), Men's groups and educational seminars. A service of Lifeline WA.

44A 7 Aberdeen St. East Perth

9261 4451

www.lifelinewa.org.au

Dads in Distress

See description under Emergency crisis

See web site for information on peer support groups in Perth **1300 853 437** Email
www.dadsindistress.asn.au

Dads in the Early Years - Meerilinga Young Children's Services

A resource designed to provide training, resources, and information to services that work with fathers with children 0-8 years. Also provides support, resources, and information to fathers of young children.

Woodvale Family Centre
30 Chichester Drive, Woodvale
9309 2377
www.meerilinga.org.au

DIY Father

Offers resources, discussion groups and practical information about parenting from a male perspective.

www.diyfather.com

Fatherhood Institute of UK

Internationally renowned, research based information service on fatherhood for both professional staff and fathers themselves.

www.fatherhoodinstitute.org

Ngala- Parenting with Confidence – for Dads *Assists men to gain skills in early parenting, focusing on care of children 0-5 years; workshops on sleep, play, understanding early language, brain development, balancing work and family, managing relationships, and postnatal depression support. A service of Ngala Family Resource Centre.*

9 George St, Kensington
9368 9368 or country access 1800 111 546 www.ngala.com.au/You-and-Your-Family/For-Dads

MENDS (Men Exploring New Directional Strategies)

Web-based information resource for men wanting support and direction through any sort of major life transition. 12 week small group personal development course for men who have experienced relationship breakdown.

1300 363 361
www.mends.com.au

Mensline Australia

Free call service provides counselling, information and referral for men who want to talk about their family and relationship concerns, particularly family breakup. Offers an extensive library on fatherhood topics, issues and research.

1300 789 978 (local call cost only, excluding mobile and public phones)

www.menslineaus.org.au

Men's Sheds

Mensheds is a uniquely Australian organisation specialising in the needs of men, their health and well being and their men's sheds.

www.mensheds.com.au

MensTime

A program for men providing relationship counselling, support and referrals, and discussion groups at E. Perth, Joondalup and other locations with well-trained facilitators.

23 Adelaide Terrace East Perth.

9263 2143 , 9301 8500

www.anglicarewa.org.au/relationships/counselling/menstime.aspx

Men's Advisory Network (MAN)

MAN is the peak body for service providers, organisations and individuals concerned with men's health, wellbeing and other Issues affecting men and boys in Western Australia. MAN provides information to individuals about appropriate services and professionals, provides general community education, and raises awareness of the issues affecting men and boys.

Claisebrook Lotteries House, 33 Moore Street, East Perth

9218 8044

www.man.org.au

Men's Groups

Various organisations in this section may be helpful in supplying information about locating men's groups. Men's Advisory Network (MAN) in this list may be particularly useful.

www.man.org.au/

9218 8044

Menswork Project

The Menswork Project offers programs by experienced, professional facilitators who specialise in working with men. As well as their specific topics, all of the programs offer men a respectful opportunity to explore and appreciated the power of the masculine journey and what it is to be a man.

www.mensworkproject.org

Relationships Australia - Men's Programs

Dads and Kids program in Bunbury assists separated men. Anger management courses and domestic violence groups programs in various metropolitan locations.

22 Southport Street West Leederville

9489 6300

www.relationships.com.au

Safecare

Provides help for men who want to stop their sexual offending against children.

9335 9411

www.safecare.com.au

The Secret Life of Men

An eight week men's group held at Lifeline covering areas such as separation, parenting, communication, anger, loneliness, relationships and sex. Participants share stories, compare perspectives, and exchange tips and ideas about life.

57 Murray St, Perth 6000

9261 4461

West Australian Men's Gathering

Conducted by West Australian Men's Gathering, a not-for-profit organisation, the Gathering aims to produce visionary, balanced, sensual, connected, healthy, adventurous, natural, courageous and whole men who want to explore how they can become more open to male support at all times.

www.mensgatheringwa.org.au

Regional

Centrecare – Men in family Relationship Program

Provides men with counselling and also help to improve better relations with partners, mates, work colleagues and children

Esperance – 9083 2600

Kalgoorlie – 9080 0333

Men's Outreach Service – Broome

Offers a range of services to enhance men's social and emotional wellbeing.

08 9192 2767

menbroome@bigpond.com

Men's Relationship Program – Bunbury

A free service that provides men with a safe place to discuss relationship issues, either individually or in a group setting. Flexibility is provided around hours and settings to enable access to men from a range of backgrounds and circumstances.

40 Charles St, Bunbury
08 9791 3213 Email mfr@aswa.org.au
www.aswa.org.au

Men's Resource Centre – Albany

Facilitates a range of communication resources focused on improving men's help seeking behaviours in the great southern region.

08 9841 4777 or **0427 479 367** Email resources4men@bigpond.com.au

Midwest Men's Health – Geraldton

122 Chapman Road, Geraldton WA 6530
08 9921 8812 Email mmh@westnet.com.au

Wellman - Goldfields

Provides access to men in the goldfields to health and social services.

08 9021 6610
www.wellman.org.au

Wheatbelt Men's Health – Northam

08 9690 2248 Email juliank@wheatbelt.com.au

Financial

Metro/National

Child Support Agency

Administers the Child Support Scheme and helps separated parents take responsibility for the financial support of their children.

131 272 (local call charge excluding mobile and public phones)
www.csa.gov.au

Family Assistance Office

Provides families with easier access to government services. Offices are located in Medicare Australia offices, Centrelink Customer Service Centres and Tax Office shop fronts across Australia.

13 61 50 (local call cost only, excluding mobile and public phones) 8am to 8pm (local time) Mon-Fri
13 12 02 (for information in languages other than English, local call cost only, excluding mobile and public phones)

1800 810 586 (Teletypewriter TTY service for hearing and speech impaired callers)
www.familyassist.gov.au

Granny Spiers Community House

Provides assistance counselling and offers support to low income earners and families in crisis – including food vouchers, rent assistance and financial counselling.

2 Albatross Ct, Heathridge

9401 2699 Fax 9402 4486 Email grannyspiers@swiftdsl.com.au

Salvation Army

Morley Community Centre

565 Walter Rd, Morley

9279 4500

www.salvationarmy.org.au/wa

Wesley Creditcare

A free, confidential financial service assisting individuals and families to regain control of their financial lives. A service of Wesley Mission.

9212 1921 (by appointment)

www.wesleymissionperth.org.au

Centrelink

Provides help with financial assistance, child care costs and finding a job.

www.centrelink.gov.au

Western Australian Council of Social Service

Since 1956 WACOSS has been developing and strengthening the non-government community services sector's capacity to assist all Western Australians.

Lotteries House, West Perth, 6005

9420 7222 or 1300 658 816 Fax 9486 7966

www.wacoss.org.au

Health

Metro/National

Asthma Foundation

Asthma Support

9289 3600

36 Ord Street, West Perth

Australian Broadcasting Corporation

Australian Broadcasting Corporation Website providing health information for men

www.abc.net.au/health/healthyliving/yourhealth/menshealth

Australian Institute of Health and Welfare

Australia's national agency for health and welfare statistics and information.

www.aihw.gov.au

Beyond Blue

A national, independent, not-for-profit organisation working to address issues associated with depression, anxiety and related substance misuse disorders in Australia.

1300 224 636 (local call charge excluding mobile and public phones)

www.beyondblue.org.au

Postnatal depression

www.beyondblue.org.au/postnataldepression

Depression and anxiety information for men and link to "Man Therapy" website

www.beyondblue.org.au/resources/for-me/men

www.mantherapy.org.au/

Cancer Council of WA

Cancer Support Group

13 11 20

9212 4333

Child and Adolescent Mental Health Services

Roberts Rd, Subiaco

9340 8373

www.health.wa.gov.au/services/category.cfm?Topic_ID=5

Children of Mentally Ill Consumers

PO Box 8422, Perth Business Centre WA, 6849

9228 0200 Fax 9228 0022

www.comicwa.org

Child Health Centres

Over 310 centres in WA provide a range of services in partnership with parent and carers of babies and young children up to the age of 4 years. Can assess children's health and development as well as provide information

about many aspects of parenting, maternal and family health and healthy lifestyles. Staffed by registered nurses with qualifications in child and family health. Appointment required.

1800 022 222

www.health.wa.gov.au/services/category.cfm?Topic_ID=18

Immunise Australia Program

This program implements the National Immunisation Program (NIP) Schedule which currently includes vaccines against a total of 16 diseases.

The Department of Human Services website to get information about the Australian Childhood Immunisation Register or to request an immunisation history statement for your child.

1800 671 811

www.immunise.health.gov.au/

Consumer Health Services Directory

A range of health and community services provided by the State Government for all West Australians are listed out on this site. Although there are many private and not-for-profit organisations listed in this directory which offer private health services and public services with assistance from the State Government, the directory is not comprehensive in this respect. If you can-not find the health service you need, call *healthdirect Australia* on 1800 022 222

www.health.wa.gov.au/services/category.cfm?Topic_ID=5

Consumers of Mental Health WA (Inc) (CoMHWA)

CoMHWA is a non-profit, community based organisation dedicated to supporting mental health reform and recovery of people with lived experience of mental health issues. Even though individual advocacy, emergency mental health support or direct support services are not available, access to support lines and services are available on this website.

13 Plaistowe Mews West Perth

9321 4994

www.comhwa.org.au

Department of Health WA:

1800 022 222 – 24 hour health advice

Health topics

http://www.health.wa.gov.au/health_index/index.cfm

Men's health information

http://www.health.wa.gov.au/health_index/m/mens_health.cfm

Immunise Australia Program

This program implements the National Immunisation Program (NIP) Schedule which currently includes vaccines against a total of 16 diseases.

The Department of Human Services website to get information about the Australian Childhood Immunisation Register or to request an immunisation history statement for your child.

1800 671 811

www.immunise.health.gov.au/

PANDA

PANDA's National Perinatal Depression Helpline, funded by the Australian and Victorian Governments, provides vital support, information, referral and counselling to thousands of Australian parents and their families. Callers do not need to have a diagnosis of antenatal or postnatal depression to make contact with the Helpline, PANDA is keen to support any new parent struggling during pregnancy or after the birth of their baby, as well as their partner, family and friends

1300 726 306 Help Line hours 10am – 5 pm (AEST) Monday to Friday

www.panda.org.au

Good Beginnings

A children's charity building better outcomes for children and their families in vulnerable communities. Programs are free and range from practical parenting programs, supported play groups, literacy programs, fathering initiatives, volunteer visits for new parents and intensive family support.

9366 6527

www.goodbeginnings.org.au/contact

Health Direct

1800 022 222 (free call STD)

See full entry in **Emergency / Crisis** section

Health Infoline

1300 130 030

Kids Health

Kids Health actively promotes the health and safety of children, aiming to keep children fit, happy, safe and healthy through health promotion and education activities and by providing information to parents, carers, health professionals, students and the community.

www.chw.edu.au/parents/kidshealth

Men's Health Australia

Men's Health Australia is Australia's primary source of information about the psychological and social wellbeing of men and boys.

www.menshealthaustralia.net

Men's Health Information & Resources Centre (MHIRC)

Promoting awareness of the diversity of experiences and cultural contexts of groups of men and boys. Contributes to the development of policies and services in government departments and other agencies which support the well-being of men and boys and promotes positive images of men and boys.

www.menshealthaustralia.net

Men's eHealth Network

Helps to develop a new culture where men actually speak up about their health concerns and actively seek to improve their health through lifestyle changes.

www.mehn.org.au

Men's Health and Wellbeing Association Queensland (MHWAQ)

MHWAQ is dedicated to initiating education and consciousness raising activities for the health and wellbeing of men and boys so a better world is created for all.

www.menshealthandwellbeing.org.au

Ministerial Council on Suicide Prevention

The community website provides evidence based information for family members, friends and others who are concerned about someone who is in distressed (in crisis) and potentially suicidal.

www.mcsp.org.au/community

Mirrabooka Community Health Centre - Parenthood Classes

Free classes to prepare for parenthood held weekly (no need to book). Ante natal advice/education. Parenthood talks 1-4 week sessions. These activities ongoing to attendees when 20 weeks-36 weeks pregnant. Parenthood talks - both parents to attend from 1st week in Feb to last week in March, 3-4 weeks break June/July each year.

4-14 Chesterfield Rd, Mirrabooka 6063
9345 7100 Fax 9345 0857

National Breastfeeding Helpline

24 hours, 7 days

1800 686 268

www.breastfeeding.asn.au/breastfeeding-helpline

PANDA

PANDA's National Perinatal Depression Helpline, funded by the Australian and Victorian Governments, provides vital support, information, referral and counselling to thousands of Australian parents and their families. Callers do not need to have a diagnosis of antenatal or postnatal depression to make contact with the Helpline, PANDA is keen to support any new parent struggling during pregnancy or after the birth of their baby, as well as their partner, family and friends

1300 726 306 Help Line hours 10am – 5 pm (AEST) Monday to Friday
www.panda.org.au

Postpartum Men

A place for men with concerns about depression, anxiety or other problems with mood after the birth of a child. It promotes self-help, provides important information for fathers, hosts an online forum for dads to talk to each other and – most importantly – helps fathers to beat the baby blues.

www.postpartummen.com

The Pediatric / Adolescent Gastroesophageal Reflux Association (PAGER)

Provides information and support to parents and children (infants to teens) dealing with Gastroesophageal Reflux (GER).

www.reflux.org

Private Practitioners

The Men's Advisory Network (MAN) lists private practitioners under the following headings: Anger Management, Counselling, DNA & Paternity, General Health & Occupational Therapy, Medical Services, Mental Health Services, Respite Care and Sexual Health.

www.man.org.au

Starlight Children's Foundation

The Starlight Children's Foundation's mission is to brighten the lives of seriously ill and hospitalised children and their families across Australia.

Suite 4, 1152 Hay St, West Perth WA 6005

1300 727 827 Fax 9420 5900

www.starlight.org.au

WA Perinatal Mental Health Unit

The Women's Health Clinical Support Unit (WHCSU) based at King Edward Memorial Hospital in Subiaco provides information to both men and women on the mental health of parents and families during the perinatal period.

In addition the Mother and Baby Unit (MBU) functions as a state-wide authorised inpatient treatment centre for acute psychiatric conditions in the postnatal period.

WHCSU, King Edward Clinical Support Unit

15 Loretto St Subiaco WA 6008

9340 1795 – 8.30 am to 4.30 pm

www.wnhs.health.wa.gov.au/emotionalhealth

MBU

9340 1799

Free Call 1800 422 588

<http://www.kemh.health.wa.gov.au/services/mbu/index.htm>

Women and Newborn Health Library

Provision of current information on women's health and health care to public and health professionals in WA.

374 Bagot Rd, Subiaco WA 6008

9340 1100 Fax 9340 1124

www.wahs.health.wa.gov.au

Regional

Esperance Arthritis Foundation

Arthritis Support and information

29 Treasure Rd, Esperance WA 6450

08 9071 1338

www.mentalhealthwa.com/Esperance-Arthritis-Foundation

Esperance Diabetes Branch

Diabetes Information

PO Box 774, Esperance WA 6450

9071 1590

Compari Midwest Community Drug Services Team

Geraldton

08 9956 2424

Goldfields Cancer support Group

Cancer Support Group

Women's Health Centre

15 Dugan St, Kalgoorlie WA 6430

9021 8266

Great Southern Region Health Service

Albany

08 9892 2662

Kalbarri Health Centre

08 9937 0100

Kimberly Population Health Unit

Derby

08 9194 1630

Marble Bar Nursing Post

08 9176 1001

North West Mental Health Services

Broome
08 9194 2640

North Midlands Community Health Services

Three Springs
08 9954 3213

Northhampton Health Services

08 9934 0200

Pilbara Region Health Services

Port Hedland
08 9158 1795

Primary Health – Geraldton Community HS

08 9956 1985

South Hedland Community Health Services

08 9158 9222

West Pilbara Community Health Services

Karratha
08 9143 2221

Legal Assistance

Metro/National

Aboriginal Legal Service

- see full entry in **Aboriginal Resources** section

Citizens Advice Bureau of WA

Provides low cost legal services, information and referral and free tax help at many locations.

25 Barrack St, Perth
9221 5711 Email cab@cabwa.com.au
www.cabwa.com.au

Community Legal Centre

9264 9595 Email naclc@fcl.fl.asn.au

Family Law Hotline

1800 050 321 (free call STD)
www.familyrelationships.gov.au

Legal Aid WA

Provides free legal information, advice and legal help

55 St Georges Terrace, Perth 6000
9261 6222 or 9261 6223
1300 650 579 (local call cost only, excluding mobile and public phones)
1800 241 216 (Teletypewriter TTY service for hearing and speech impaired callers)
www.legalaid.wa.gov.au

Parenting

Metro/National

Adoption Services

Further support services and contact information can be obtained from the WA Department for Communities.

9222 2555 or 1800 622 258 (free call STD)
www.community.wa.gov.au/DFC/Resources/Adoption

Adoption Support for Families and Children Inc.

This site will help you find up to date information regarding adoption in Western Australia as well as details of ASFC's activities, upcoming events, overseas aid and child sponsorship programs.

15 Cambridge St, West Leederville, WA 6007
9489 4008
www.asfc.info

Australian Childhood Foundation

A national charity which works in a number of ways to make children's safety and welfare a priority including: counselling, advocacy for children, community and professional education, consultancy, child abuse prevention programs, and research.

03 9874 3922
www.childhood.org.au

Best Beginnings

Best Beginnings is a service for families of new infants. Home visitors are experienced in health and family matters and provide support, advice, information, connections and practical help. Offered in several metropolitan and regional locations. Based on a partnership relationship between the WA Department for Child Protection and the WA Department for health.

6279 1200 (Parenting Line) **1800 654 432** (free call STD)

www.community.wa.gov.au/Resources/Parenting/BestBeginnings/

CLAN WA

A free and confidential home-visiting program for families with children under the age of 6. Parent Link assists by linking parents with a trained volunteer who meets regularly with parents in their home to help them develop

Parenting skills and confidence. (Also see separate entry for Parent Link Home Visiting Service below).

335 Pier Street, East Perth

9228 9006

www.clanwa.com.au

Communicare

*A broad range of programs for children, young people, men, women and families. Services to fathers specifically include **Men Too** and **Breathing Space** (see separate entries in this list).*

28 Cecil Ave, Cannington

9251 5777

www.communicare.org.au

Compassionate Friends

Parental grief counselling service

9486 8711 or **1800 628 118** (free call STD)

www.compassionatefriendswa.org.au

Dunstan Baby

A baby 'language' system interpreted by Australian Priscilla Dunstan.

www.dunstanbaby.com

Family Education

US based site including resources for parents, children, and teachers.

www.familyeducation.com

Infant Massage

Infant Massage Australia (IMA) provides current knowledge about the benefits of infant massage to both children and parents.

www.infantmassage.org.au

Kids in Perth

Targeting parents with children aged up to 14 years, *Kids in Perth - The Parents' Paper* is a FREE monthly newspaper that can be found all over the metro area and in some regional centres. The largest, longest running and most popular parenting publication in Western Australia is distributed at the beginning of every month.

8 Southport Street, West Leederville WA 6007

9388 1600 Fax 9388 3566

www.kidsinperth.com

Families Australia

An independent peak not-for-profit organisation dedicated to promoting the needs and interests of families.

02 6273 4885

www.familiesaustralia.org.au

Family Helpline

24 hour confidential telephone and information service for families experiencing relationship difficulties.

9223 1100 or **1800 643 000** (free call STD)

<http://www.community.wa.gov.au/Resources/Helplines/Family+Helpline.htm>

Family Relationship Centres

Strengthening family relationships, helping families stay together, assisting families through separation.

9301 8500 or **1800 050 321** (free call STD)

www.familyrelationships.gov.au

Family Services Australia

Largest national industry representative body and member association of providers of family relationships and other family support services. It has over 85 member organisations across Australia in receipt of Commonwealth funding to provide services under the Family Relationships Services Program.

6281 1788 or **1300 365 859** (local call cost only, excluding mobile and public phones)

www.fsa.org.au

Foster Care Association of WA

89 Hensman Rd, Subiaco 6008

9388 1911 or **1800 641 911** (free call STD)

www.fcawa.com.au

Foster Care Services

Further support services and contact information can be obtained from the WA Department for Communities.

9222 2555 or **1800 622 258** (free call STD)

www.community.wa.gov.au/DFC/ContactUs/Foster_Care_Recruitment_Service

Grandparents Caring for Grandchildren Support Service

Offers practical assistance, informal counselling and advice on child management and education, financial support and links to other community resources, country and metropolitan support group networks, some with crèche facilities. Delivered by Wanslea Family Services from metro and regional locations.

1800 008 323 (free call STD) 10am-3pm, Mon-Fri
www.wanslea.asn.au

Grandfamilies WA

Seniors information service **6217 8855**
6217 8800 or **1800 671 233** (free call STD) Fax 9226 4745

Grandparents Rearing Grandchildren WA Inc.

Aims to support and resource grandparents raising their grandchildren. Meets regularly to support one another and provide a forum for the exchange of information. Coffee mornings are held in Nollamara every second Tuesday of the month.

9344 2594

Meerilinga Young Children's Services Inc.

Meerilinga aims to improve the quality of life for the children of Western Australia through participation, support, advocacy, services, research, and best practice. Also see Dads in the Early Years® and Meerilinga Early Learning Programs.

22 Southport St, West Leederville 6007
9489 4022
www.meerilinga.org.au

Ngala Family Resource Centre

A registered private hospital for all parents with children from birth to five years who need support to make parenting easier. Provides assessment, expert advice and support with early parenting. Also see Hey Dad in this list.

9 George Street Kensington
9368 9368 or **1800 111 546** (free call STD)
www.ngala.com.au

Parenting WA & Parenting Line

Programs, parenting information and advice for parents and carers of children up to 18 years of age. Highly trained staff work with parents and carers to help them understand child development stages and increase their knowledge of community resources.

28 Alvan Street, Mt Lawley
6279 1200 or **1800 654 432** (free call STD)
www.communty.wa.gov.au/dfc/communities/parents

Parent Link Home Visiting Service

Service providing trained volunteers to visit and assist parents in their own homes. The volunteers, usually parents themselves, share their knowledge and skills in child development and parenting issues. Available to parents with at least one child under the age of five.

Armadale **9498 2620**

Belmont-Cannington **9472 9144**

Fremantle **9331 5655**

Joondalup **9301 3600**

Midland **9377 4749**

Mirrabooka **9440 0400**

Rockingham **9593 5244**

Scarborough **9440 5170**

<http://www.community.wa.gov.au/Resources/Parenting/ParentLinkHomeVisitingServices/>

The Parenting Place at Clarkson

The mission of the Parenting Place is to increase the confidence, resilience and capacities of parents through education, access to information, working with local community groups and through the provision of resources including professional services. The target group is parents of children between 0-8 years living in Postcode area 6030.

9405 5600

Parents Without Partners WA Inc

A self help, non-sectarian, not-for-profit welfare and educational organisation devoted to the re-adjustment and interest of lone Parents and their children with social, educational activities and support for adults and children.

Phone for contact information for suburban/country branches.

Oasis House, 37 Hampden Road, Nedlands

9485 8940

www.pwpaaustralia.net

Raising Children Network

Provides information on family life, services and support, play, health and fitness and law.

www.raisingchildren.net.au

Shared Parenting Council of Australia

9474 9552 or **0412 583 371** Email joanh@brightonline.com.au

www.spca.org.au

Shared Parenting Family Support Counselling of Australia

0409 988 244 Email sharedparentingfamilycounseling@telstra.com

Step Family Association of WA Inc.

2/106 Keymer Street, Belmont
9475 0996
www.stepfamilywa.websyte.com.au

Teen Family Support Unit

The Teen Family Centre is a Community driven organisation which provides a number of services to teenage parents.

Balga Senior High School
Markham Way, Balga
Community Parent Program **9247 0217** Young Parents Program **9247 0217**
www.teenfamilycentre.org.au/home.html

Non-Custodial Parents Party (Equal Parenting)

Registered with the Australian Electoral Commission as a political party. It has a large membership base consisting of divorced fathers, divorced mothers, second wives, grand parents and other relatives who believe that all children have a right to be cared for by both their parents, in the event of separation or divorce.

www.equalparenting.org.au/

Stepfamilies Australia

Stepfamilies Australia is a national peak body working with a network of state stepfamily groups and community service providers to strengthen stepfamilies across Australia, through providing quality information, family support services, practitioner training, research and advocacy.

Anglicare, WA. GPO Box C138, Perth, 6839
9263 2050
www.anglicarewa.org.au
www.stepfamily.org.au

Web Child

Online resource for parents with news, reviews, recipes and parenting forums.

www.webchild.com.au

Welcome New Baby Magazine

Online version of "Welcome to Your New Baby" magazine.

www.health.wa.gov.au/docreg/Education/Population/Child_Health/HP002850_welcome_your_new_baby.pdf

Welcome New Baby Magazine

Adapted online version of "Welcome to Your New Baby" magazine for people with vision impairment.

www.health.wa.gov.au/docreg/Education/Population/Child_Health/HP002850A_welcome_your_new_baby_for_people_with_vision_impairment.pdf

What were we thinking

This website contains information about common experiences in the early months of parenthood .It suggests strategies to manage baby crying, settling difficulties, sustainable sleeping habits from an early age. Also provides new language and ideas to help parents adjust to the changes in their relationship with each other after the birth of their first baby.

www.whatwerewethinking.org.au

Regional

Great Southern

Albany Family House
219 North Road, Albany
08 9842 8205 Mobile service available for the Great Southern

Kimberley

Broome Community House
Corner of Frederick and Weld Streets, Broome
08 9193 7867

Midwest

45 Cathedral Ave, Geraldton
08 9921 0796

Gascoyne

Hubble Street Community House
35 Hubble Street, Carnarvon
08 9941 4530 Mobile service available for the Gascoyne

Pilbara District

Department for Community development, state government building
Corner Searipple and Welcome Rd, Karratha
08 9185 0200 Mobile service available for the Pilbara

South West

Shop 27A Stirling Centre, 22-28 Stephen St, Bunbury
08 9791 7399 and **1800 681 842** Mobile service available for the South West

Wheatbelt Parent Information Centre

26 Gordon St, Northam
08 9622 0000 and **1800 686 155**

Goldfields

Wilson St, Kalgoorlie
08 9021 6844

Family Health Parenting- Kalgoorlie Parenting Information Centre

St Barbara's Square, Kalgoorlie
9021 6844 Fax 9021 5382 Email kalpic@dcd.wa.au

Goldfields-Parents Without Partners

(See Parents without Partners entry)

08 9021 7716

Goldfields Postnatal Depression Support Group

Women's Health Centre
15 Dugan St, Kalgoorlie WA 6430
PO Box 370, Kalgoorlie WA 6433
08 9021 8266 Fax 08 9091 1916

Goldfields Individual and Family Support

Lotteries House
Wilson St, Kalgoorlie 6430
PO Box 1629, Kalgoorlie WA 6433
08 9091 4356 Fax 9091 4586

Foster Parents of WA Eastern Goldfields

PO Box 231, Kalgoorlie WA 6433
08 9091 2766 (Senior Social Worker)

Nursing Mothers Association-Southern Cross

Nursing Mothers Support

PO Box 621, Merredin WA 6415

08 9041 1182

Nursing Mothers Association- Kalgoorlie

Nursing Mothers Support

20 Ware St, Kalgoorlie WA 6430

08 9021 5081

Esperance Nursing Mothers Association

Nursing Mothers Support

PO Box 272, Esperance WA 6450

08 9071 5302

Esperance Pregnancy Help

Pregnancy Assistance

16 The Esplanade, Esperance WA 6450

08 9071 1311

Mobile Dementia Respite Team

Dementia Respite

Lotteries House 42 Wilson St, Kalgoorlie WA 6430

PO Box 10381, Kalgoorlie WA 6433

08 9091 1644 Fax 08 9091 6211

Golden Reflections Palliative Care Services

Assistance- terminally ill and carers

117 Lyall St, Kalgoorlie WA 6430

P.O .Box 4252, Kalgoorlie WA 6433

08 9091 1921 Fax 9091 1921 Mobile **0419 914 083**

Goldfields Aged Pensioners Welfare Association Inc.

Welfare for the aged

Unit 6, 10 Davidson St, Boulder WA 6432

08 9021 3065

Parent Link Home Visiting Service

Service offering trained volunteers to visit and assist parents in their own homes. The volunteers, usually parents themselves, share their knowledge and skills in child development and parenting issues. Available to parents with at least one child under the age of five.

Mandurah **9535 9190**

<http://www.community.wa.gov.au/Resources/Parenting/ParentLinkHomeVisitingServices/>

Parent Link Home Visiting Service

Service offering trained volunteers to visit and assist parents in their own homes. The volunteers, usually parents themselves, share their knowledge and skills in child development and parenting issues. Available to parents with at least one child under the age of five.

South Hedland **08 9172 2755**

<http://www.community.wa.gov.au/Resources/Parenting/ParentLinkHomeVisitingServices/>

Parent Link Home Visiting Service

Service offering trained volunteers to visit and assist parents in their own homes. The volunteers, usually parents themselves, share their knowledge and skills in child development and parenting issues. Available to parents with at least one child under the age of five.

Geraldton **08 9923 1125**

<http://www.community.wa.gov.au/Resources/Parenting/ParentLinkHomeVisitingServices/>

Parent Link Home Visiting Service

Service offering trained volunteers to visit and assist parents in their own homes. The volunteers, usually parents themselves, share their knowledge and skills in child development and parenting issues. Available to parents with at least one child under the age of five.

Wheatbelt **08 9622 3144**

<http://www.community.wa.gov.au/Resources/Parenting/ParentLinkHomeVisitingServices/>

Parent Link Home Visiting Service

Service offering trained volunteers to visit and assist parents in their own homes. The volunteers, usually parents themselves, share their knowledge and skills in child development and parenting issues. Available to parents with at least one child under the age of five.

Albany **08 9842 3696**

<http://www.community.wa.gov.au/Resources/Parenting/ParentLinkHomeVisitingServices/>

Parent Link Home Visiting Service

Service offering trained volunteers to visit and assist parents in their own homes. The volunteers, usually parents themselves, share their knowledge and skills in child development and parenting issues. Available to parents with at least one child under the age of five.

Hedland **08 9173 2633**

<http://www.community.wa.gov.au/Resources/Parenting/ParentLinkHomeVisitingServices/>

Sexuality/Reproductive

Metro/National

Andrology Australia

A community and professional educational program providing Information on male reproductive health.

www.andrologyaustralia.org

Family Planning WA (Sexual Health Services)

FPWA Sexual Health Services provides sexual health services, information and training for men and women of all ages and advocates for the removal of laws that which discriminate against people on the grounds of their sexuality or gender, or which restrict the choices available to them.

70 Roe Street, Northbridge WA, 6003

9227 6177 Fax 922706871

www.fpwa.org.au

FPWA (Formerly Family Planning Western Australia)

Specialist organisation in sexual health for men and women.

70 Roe Street, Northbridge

9227 6177

www.fpwa-health.org.au

SECCA- Sexuality, Education, Counselling and Consultancy Agency

Offers groups for adolescents and adults with disabilities.

2 Delhi Street, West Perth WA 6005

9420 7226

www.secca.org.au

Gay and Lesbian Community Services

9420 7201 or **1800 184 527** (free call STD)

www.glcs.org.au

Keogh Institute

Specialist service for reproductive issues for men and women.

Queen Elizabeth II Hospital Nedlands

9346 3333